PhD HOOPS

PHD HOOPS USA

THE

BARBADOS BASKETBALL FESTIVAL

BARBADOS BASKETBALL *Festival*



MORE INFO AT

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DAY 1 DEPART FOR BARBADOS

- ARRIVE AT LEAST 5 HOURS EARLY TO MEET WITH YOUR TEAMMATES AND COACHES
- DEPART AS A GROUP FROM MIAMI TO BRIDGETOWN (EAT A GOOD MEAL ON THE FLIGHT)
- ARRIVE IN BRIDGETOWN, MEET OUR LOCAL TOUR GUIDE, CHECK IN AT HOTEL AND ENJOY A BAJAN LUNCH BEFORE OUR FIRST TEAM PRACTICE SESSION
- EAT DINNER, BED CHECKS AND LIGHTS OUT





DAY 2 TEAM PRACTICE & FIRST GAME

- EAT A FULL BREAKFAST AT HOTEL PRIOR TO MAKING FINAL PREPARATIONS IN OUR SECOND TEAM PRACTICE SESSION
- TRANSFER BACK TO HOTEL, GRAB LUNCH AND RELAX BEFORE COMPETING IN OUR FIRST POOL PLAY GAME
- EAT DINNER, TEAM MEETINGS, BED CHECKS AND LIGHTS OUT



DAY 3 SUNSHINE & SECOND GAME

- BREAKFAST AT HOTEL BEFORE RELAXATION AND TEAM BONDING AT OUR HOTEL POOL & BEACH
- EAT LUNCH FOLLOWED BY OUR SECOND POOL PLAY GAME
- TRANSFER TO HOTEL, EAT DINNER, BED CHECKS AND LIGHTS OUT





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DAY 4 CATAMARAN CRUISE & OISTINS FISH FRY

- BREAKFAST AT HOTEL PRIOR TO THE CATAMARAN CRUISE, A FULL-DAY ADVENTURE COMPLETE WITH LUNCH, MUSIC, SUNSHINE, SNORKELING AND SWIMMING WITH SEA TURTLES
- FREE TIME BEFORE JOINING THE ISLAND PARTY FOR DINNER AT THE OISTINS FISH FRY
- TRANSFER TO HOTEL, BED CHECKS AND LIGHTS OUT





DAY 5 JEEP SAFARI & THIRD GAME

- BREAKFAST AT HOTEL BEFORE EXPLORING THE ISLAND ON A 4X4 JEEP ADVENTURE SAFARI, A FUN 4-HOUR EXPEDITION TO THE MOST SCENIC AREAS IN BARBADOS
- EAT LUNCH FOLLOWED BY OUR THIRD POOL PLAY GAME
- TRANSFER TO HOTEL, EAT DINNER, BED CHECKS AND LIGHTS OUT





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DAY 6 BARBADOS BASKETBALL FESTIVAL FINALS

- BREAKFAST AT HOTEL BEFORE COMPETING TO WIN THE GOLD MEDAL IN THE FINAL DAY OF THE EVENT!
- TEAM MEETINGS, EAT LUNCH AND REST UP FOR OUR FINAL GAME
- HOIST YOUR GOLD MEDAL, POST FOR PICTURES AND RELISH YOUR CHAMPIONSHIP MOMENT!
- TRANSFER TO HOTEL, CELEBRATE OVER DINNER, BED CHECKS AND LIGHTS OUT



DAY 7 DEPART FOR HOME

- EARLY BREAKFAST, TRANSFER TO AIRPORT AND DEPART BRIDGETOWN TO RETURN TO MIAMI
- ARRIVE IN MIAMI AND SAY YOUR FINAL GOODBYES TO YOUR NEW BEST FRIENDS!
- TAG OUR SOCIAL MEDIA IN ALL PHOTOS AND VIDEOS (@PHDHOOPS), GIVE US A REVIEW AND SHARE YOUR NEWLY GAINED KNOWLEDGE WITH THE REST OF THE WORLD!



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This sample itinerary is subject to changes and will differ from the final itinerary provided before the tour.